

# Choices for Care.

## Flexible Choices.

A NEW WAY TO HAVE MORE CONTROL OF YOUR CARE.

Flexible Choices  
1-866-572-7127

### WHAT IS FLEXIBLE CHOICES?

**Flexible Choices** is the option within Choices for Care that offers you the most control of your care. While Flexible Choices expects a lot of you, it gives you the opportunity to design your care in the way that best meets your needs.

### HOW DOES IT WORK?

Flexible Choices gives you an **allowance**, which is based on your assessed needs.

Working with a **Flexible Choices consultant**, you develop a **budget** for how you will spend that allowance in a way that best meets your needs.

In that budget you can decide:

- **how much you want to pay** your caregivers.
- to **save** up unspent amounts from the allowance from week to week to use when you really need them.
- to **purchase things** to keep you healthy and independent.
- have a **small amount of cash** to pay for things like shoveling your walk or paying for rides to the store.

## **WHO WILL HELP ME?**

- In Flexible Choices you will work with a **consultant** from Transition II to help you develop and manage your budget.
- You will have a bookkeeper to help pay your staff as well as other authorized Flexible Choices bills.

## **WHAT HAPPENS IF I DON'T LIKE FLEXIBLE CHOICES?**

If you start with Flexible Choices and don't like it, **you can always change** to another option within Choices for Care.

## **HOW DO I GET MORE INFORMATION?**

If you have **questions or want to sign up** for Flexible Choices you can call Transition II the Flexible Choices Consultant toll free at 1-866-572-7127 or e-mail [FlexibleChoices@ahs.state.vt.us](mailto:FlexibleChoices@ahs.state.vt.us)

**Flexible Choices;**

**IF YOU ARE LOOKING FOR: INDEPENDENCE,  
FLEXIBILITY, CONTROL, RESPONSIBILITY, BE SURE  
TO CALL TODAY!!**

**FLEXIBLE CHOICES MAY BE FOR YOU!**

State of Vermont  
Agency of Human Services  
Department of Disabilities, Aging & Independent Living  
Division of Disability and Aging Services