



Home-Based Setting Service Options “At a Glance” *October 2006*



1. **Personal Care Services:** The amount of personal care is based on the individual's assessed needs. The available options are:
 - Home Health Agency Personal Care
 - Consumer-Directed Personal Care
 - Surrogate-Directed Personal Care

2. **Respite Care Services:** A maximum of 720 hours a calendar year is available based on assessed need for respite services. The individual must have an unpaid primary caregiver to be eligible for this service. The available options are:
 - Home Health Agency Respite
 - Consumer-Directed Respite
 - Surrogate-Directed Respite
 - Nursing Home/Residential Care Home Respite
 - Adult Day Services Respite

3. **Companion Services:** A maximum of 720 hours a calendar year is available based on an assessed need for companion services (total hours combined with respite services). The available options are:
 - Home Health Agency Companion
 - Consumer-Directed Companion
 - Surrogate-Directed Companion
 - VT Senior Companion Program (via AAA)

4. **Adult Day Services:** Adult Day Services are community-based non-residential services designed to assist adults to remain as active in their communities as possible, providing a wide variety of social and health related activities. The amount of Adult Day Services is based on the individual's assessed need and availability of local providers.

5. **Assistive Devices and Home Modifications:** Maximum of \$750 per calendar year is available for specific approved requests.

6. **Personal Emergency Response System (PERS):** PERS is an electronic device which enables certain individuals at high risk of institutionalization to secure help in an emergency. Individuals who live alone, or are alone for periods of time, may be eligible for this service. Provider agencies vary by region.

7. **Case Management Services:** Maximum of 48 hours per calendar year is provided by:
 - Area Agency on Aging
 - or
 - Medicare Certified Home Health Agency

Individuals also have the option to receive services at home through Flexible Choices or PACE(2/1/07). See handouts for specifics.

*Consult the Choices for Care, Program Manual for detailed descriptions of services.

